

"Before a man can tread the path, he must become that path himself." - Alice A. Bailey



Warm Greetings World Family,

What fun it has been implementing the new Feature Section "[Everyday Life Coaching](#)". This is where I write articles and bring in guest coaches to share practical tips, tools and techniques through their life experiences. I have had a blast recording videos, so click on links to YouTube videos where I share a series of "[Life Tips](#)" and "[Everyday Life Coaching Tips](#)". Many of the skills and techniques that I share with clients, I share with you on these videos. Also on some articles you now have the option of listening to audio, or watching video, of the author reading. We are really rolling with the intention of LCM being a multi-media online organically growing magazine!

Life feels magical like the feeling of a little girl looking in the mirror having put on her first 'fairy' dress as 'Tinkerbell'. All she can see is fairy dust sprinkling everywhere she looks for the rest of the day. That is how co-creating LCM feels to me as I play with so many folks who are so open-hearted and willing to contribute their everyday wisdom.

I especially want to acknowledge with deep respect our Associate Editor, Ruth Hadikin for the brilliance behind the scenes on the technical end of the production of LCM. I affectionately refer to her as "Thank God for Ruth". Thank you Ruth for your constant enthusiasm in supporting the LCM vision.

I encourage you to connect with us on LCM's [Facebook \(FB\) page](#) where you can engage with authors and comment on their articles. Please feel free to ask questions and random members of the Everyday Life Coaching team will respond in general. I personally feel it is very valuable to know your Sun, Moon and Rising Sign, for understanding your Soul Astrology. If you don't know yours, just type in your birth details, (date, time and location) on LCM's [FB page](#) and Ruth, LCM's Soul Astrologer, will respond.

In the [Multi-Media Feature Section](#) I highly recommend that you watch the free [2-hour documentary](#) called "[Thrive](#)". I feel this information is vital for each and everyone of us to have in our conscious awareness. Very well worth the time invested to watch it.

Shine bright in your world - we all need our paths lit in these changing times. Thank you for visiting LCM and please share our good news.

Anya Sophia Mann

Anya Sophia Mann, LCM Founder

THEMES

- THE STRENGTH OF COURAGE
- EVERYTHING IN LIFE IS ENERGY
- KIDS ARE PEOPLE TOO
- CHANGE HAPPENS IN AN INSTANT
- GIVING CARE NOT CARETAKING
- GOALS NEED SUPPORT PEOPLE
- LIVING IN COMMUNITY MATTERS
- YOU ARE THE "ONE" IN EVERYONE
- THINKING THOUGHTS CLEARLY
- VOICES OF REASON ARE HEARD
- WE THE PEOPLE FOR THE PEOPLE
- VITAL LIFE BALANCE EASILY
- EVERYONE'S COACHING EVERYONE